

September 2024 MENU

Gila Bend Senior Center 202 N Euclid Gila Bend, AZ 85337 (928) 683-2244
Funded in Part by the Town of Gila Bend and Area Agency on Aging, Region One

PLEASE CALL 24 HOURS IN ADVANCE TO MAKE A RESERVATION

2 	3 BBQ Pork Sandwich Sweet Potatoes Coleslaw Peaches	4 Sloppy Joes Potato Wedges Chef's Choice Veg Mixed Berries & Yogurt	5 Egg Salad Sandwich Carrot Salad Cucumber Slices Applesauce	6 Chicken Tostada Pinto Beans Spanish Rice Cantaloupe
9 Fish Sandwich Coleslaw Carrots Fresh Fruit	10 Hamburger Steak & Gravy Mashed Potatoes Broccoli Toast Peach Cobbler	11 Pork Stir Fry Stir Fry Blend Veg Egg Roll Fruit Cocktail 	12 Large Salad w/ Turkey Garlic Toast Mandarin Oranges	13 Liver & Onions Potatoes California Blend Veg Biscuit Chef's Choice Fruit
16 Pastrami Sandwich Chef's Choice Veg Pea Salad Peaches & Cottage Cheese 	17 Teriyaki Pork Stir Fry Blend Veg Sauteed Cabbage Rice Mixed Berries	18 Turkey & Gravy Mashed Potatoes Chef's Choice Veg Biscuit Cantaloupe	19 Tuna Salad Sandwich Tomato Slices Cucumber Salad Mango Medley	20 September Birthdays Spaghetti & Meatballs Chef's Choice Veg Carrots Garlic Bread Birthday Cake 
23 Chicken Sandwich Potato Wedges Peas & Carrots Melon Cup	24 Veggie Quesadilla Pinto Beans Spanish Rice Mango Smoothie	25 Albondigas Corn Tostada Chips Applesauce 	26 Chef Salad Bread Stick Chef's Choice Fruit	27 Sweet & Sour Pork Stir Fry Blend Veg Egg Roll Noodles Mixed Berries
30 Shrimp Tacos Pinto Beans Spanish Rice Mango Medley				Menu Subject to Change Without Notice

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